

Department of **Health**

this is palliative care

David loves gardening, it's his own form of meditation. But after his diagnosis, it was getting more difficult to keep up with his green projects. That was until David's GP helped get his pain and nausea under control; now with the twice weekly visits from his volunteers, that row of rainbow carrots is in the ground, mulched and ready for next season.

> **Plan earlier, enjoy more** healthywa.wa.gov.au/palliativecare